



Unit Outline (Higher Education)

Institute / School:	Institute of Health and Wellbeing
Unit Title:	PROFESSIONAL PRACTICE: STAGE 1
Unit ID:	PSYCM7011
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	(PSYCP7004)
ASCED:	090701

Description of the Unit:

This unit provides a foundation for clinical practice in psychology, and includes both theoretical and practical learning components. Topics include: ethical and professional issues, counselling and clinical interviewing skills, risk assessment, case formulation and treatment planning, and self-care in professional clinical practice.

Grade Scheme: Graded (HD, D, C, P, MF, F, XF)

Work Experience:

No work experience: Student is not undertaking work experience in industry.

Placement Component: Yes

Supplementary Assessment: No

Supplementary assessment is not available to students who gain a fail in this Unit.

Course Level:

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Intermediate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Advanced	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Learning Outcomes:

Knowledge:

- K1.** Explain the ethical and legal responsibilities that underpin the practice of clinical psychology.
- K2.** Identify differences and similarities between counselling and clinical interviewing strategies, and their roles in psychological treatment.
- K3.** Distinguish between theories and models of case formulation and the process of evidence-based treatment planning.
- K4.** Articulate the role and components of mental status examinations, and the procedures for assessing risk of harm to self and others.
- K5.** Describe methods and strategies for personal stress management and self-care.

Skills:

- S1.** Demonstrate critical evaluation skills and systematic decision making skills when applying ethical and legal principles to clinical practice.
- S2.** Demonstrate counselling and clinical interviewing skills with a clear focus on developing and maintaining respectful relationships with clients, and promoting, restoring, or enhancing well-being.
- S3.** Perform skills required for clinical assessment, diagnosis, case formulation, and treatment planning.
- S4.** Demonstrate the capacity to reflect on the impact of professional work on well-being, and recognise the importance of integrating stress management strategies into clinical practice.

Application of knowledge and skills:

- A1.** Demonstrate competency in applying professional ethics and standards to clinical practice.
- A2.** Obtain accurate assessment information using skilled interviewing techniques and apply this information to create theory-driven formulations and evidence-based treatment plans.
- A3.** Using reflective skills to evaluate personal stress and the impact on professional functioning, and developing effective stress management and self-care approaches

Unit Content:

Topics may include:

- Ethical and legal responsibilities in clinical practice
- Ethical decision-making processes
- Counselling and clinical interviewing skills
- Mental status examinations & risk assessment
- Case formulation
- Diagnosis
- Treatment planning
- Reflective practice and self care

Learning Task and Assessment:

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1, S1, A1	Quiz - professional and ethical issues in psychological practice	Test	10-20%
K2 - K5 S2 - S4 A2, A3	A clinical interview and written formulation	Practical and written task	50-80%

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K3 - K5 S4 A3	Log Book	Written Task	10-30%

Adopted Reference Style:

APA

Refer to the [library website](#) for more informationFed Cite - [referencing tool](#)